

PE Curriculum Map 2022/23

Year	Autumn Term		Spring Term		Summer Term	
FS	Locomotion: Walking, Jumping, Running, Hopping.		Stabilisation Balancing, Turning, Bending, Landing, Extending, Stretching.		Manipulation Collecting, Kicking, Carrying, Pushing, Throwing.	
Focus and significant person	World Sport headlines Marcus Rashford		Winter Olympics/ Paralympics Dame Sarah Storey		Commonwealth Games 2022/ Euro 2022 Alistair and Jonny Brownlee/ Sky Brown	
Year 1	FMS- Locomotion FMS-Manipulation, hands Health and Wellbeing\stabilisation	Gymnastics FMS- Manipulation, feet Table top games/fun fitness	Dance Team building Ball skills Swimming	Target games Orienteering Games for understanding	Athletics-jumping Rackets, bats and balls Football	Dodgeball Athletics Striking and fielding games
Year 2	FMS- Locomotion FMS-Manipulation, hands Health and Wellbeing\stabilisation	Gymnastics FMS- Manipulation, feet Table top games/fun fitness	Dance Team building Ball skills Swimming	Target games Orienteering Games for understanding	Athletics-jumping Rackets, bats and balls Football	Dodgeball Athletics Striking and fielding games
Year 3	Mindfulness Invasion (football and tag rugby focus)	Gymnastics Orienteering Fun fitness	Dance Target games (Boccia) Basketball	Dodgeball Circus skills Problem solving Swimming	Net/wall introduction-Tennis Striking and fielding - introduction Quad Kids Athletics	Striking and fielding-game play Athletics Communication and tactics
Year 4	Mindfulness Invasion (football and tag rugby focus)	Gymnastics Orienteering Fun fitness	Dance Target games (Boccia) Basketball	Dodgeball Volleyball Trig golf	Tennis Cricket Quad Kids athletics	Athletics Rounders Communication and tactics
Year 5	Indoor Athletics Invasion) tag rugby and football focus)	Orienteering Gymnastics Fun fitness	Dance Dodgeball Netball	Net/wall- Volleyball Tri golf Boccia	Tennis Cricket Health related exercise	Athletics Rounders Leadership
Year 6	Indoor Athletics Invasion) tag rugby and football focus)	Orienteering Gymnastics Fun fitness	Dance Dodgeball Netball	Net/wall- Volleyball Boccia Communication and tactics	Tennis Cricket Health related exercise	Athletics Rounders Leadership

Intra-house competition to take place each half term. Y1,2 & 3to each take part in a two-week swimming block.