



PE POLICY

Normanby Primary School PE Policy

Aims

Physical education (PE) has been widely acknowledged as a key vehicle for promoting physical activity among children. The physical, social and emotional benefits of physical activity during childhood are well established and it is claimed that PE provides the opportunity for children to develop the knowledge and skills to lead a physically active lifestyle. 'A real education has to give equal weight to the arts, the humanities, to physical education' (Sir Ken Robinson, May 2016). At Normanby, we believe that this balance and range of opportunity underpins everything we plan and deliver.

Physical Education plays a vital role in the development of all children. We aim to develop the whole child and instill the values of a positive, healthy, active lifestyle. As a school we aim to give our pupils the confidence and motivation to continue to lead a healthy, active and enjoyable lifestyle throughout their education and beyond.

Every child has the opportunity to compete in intra-house competitions throughout the year, these take place within the school grounds. In addition to intra-house competitions the PE department aims to ensure every child in Y1-6 has the opportunity to represent the school in at least one sporting event, outside of school each year.

PE lessons promote physical and social confidence, to help children develop the skills and knowledge they will need to use throughout life. Lessons are planned to introduce children to a range of different sports and activities including Paralympic sports. Combined with enjoyment, learning leadership skills and how to evaluate their own and others performance.

Curriculum

All children at Normanby Primary School receive at least 2 hours of PE each week. This is taught by a specialist PE teacher and coaches who are all employed by the school. In September 2016 we shall be employing a PE apprentice for the first time, this will again strengthen further our PE provision.

The curriculum is broken down into the following areas:

- Dance
- Gymnastics
- Invasion Games
- Net and Wall Games
- Striking and Fielding
- Athletics
- OAA
- Swimming
- Paralympic sports and activities

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At Normanby we aim to ensure children are safe and competent in the water with the aspiration of them being able to swim at least 25 meters by Year 6.

PE Kit

Children should have an indoor and outdoor PE kit in school at all times. As we offer an engaging and varied curriculum we enjoy using our outdoor space in all weathers and this is why it is vital children are appropriately dressed. Navy blue is part of our school uniform and PE kit. In the past children have worn black shorts, jumpers and trousers for PE. However we would like all children to wear navy blue, therefore when purchasing your next PE kits please strive to follow this policy.

Indoor kit

White t-shirt
Navy blue shorts
Plimsolls
Socks

Outdoor kit

White t-shirt
Navy blue jumper
Coat (hat and gloves in colder weather)
Navy blue tracksuit bottoms
Training shoes
Socks

It is advised that children have a plastic bag present in their PE bag, to be used for any muddy clothes or trainers.

Children are not allowed to wear jewelry for PE. Plasters can be used to cover earrings in the short term. These are not provided by school. Children with long hair must tie hair up in a bobble for safety reasons.

House System

Each child is part of one of our 6 coloured house teams and is provided with a coloured t-shirt to represent their team. They will wear these t-shirts for PE lessons and each half term will compete in at least one intra-house competition. Points for each team are gained throughout all year groups and added together at the end of each half term. The results are then announced in assembly and the winning house awarded the trophy.

Non-Participants

Children should only miss PE for health reasons if this is requested by parents/carers by direct contact with the school or a note given to the

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teacher. If children are injured they will still be expected to get changed (depending on the injury) and be active learners. Non-participants will take on the role of leaders and coaches and will often be able to join in some activities.

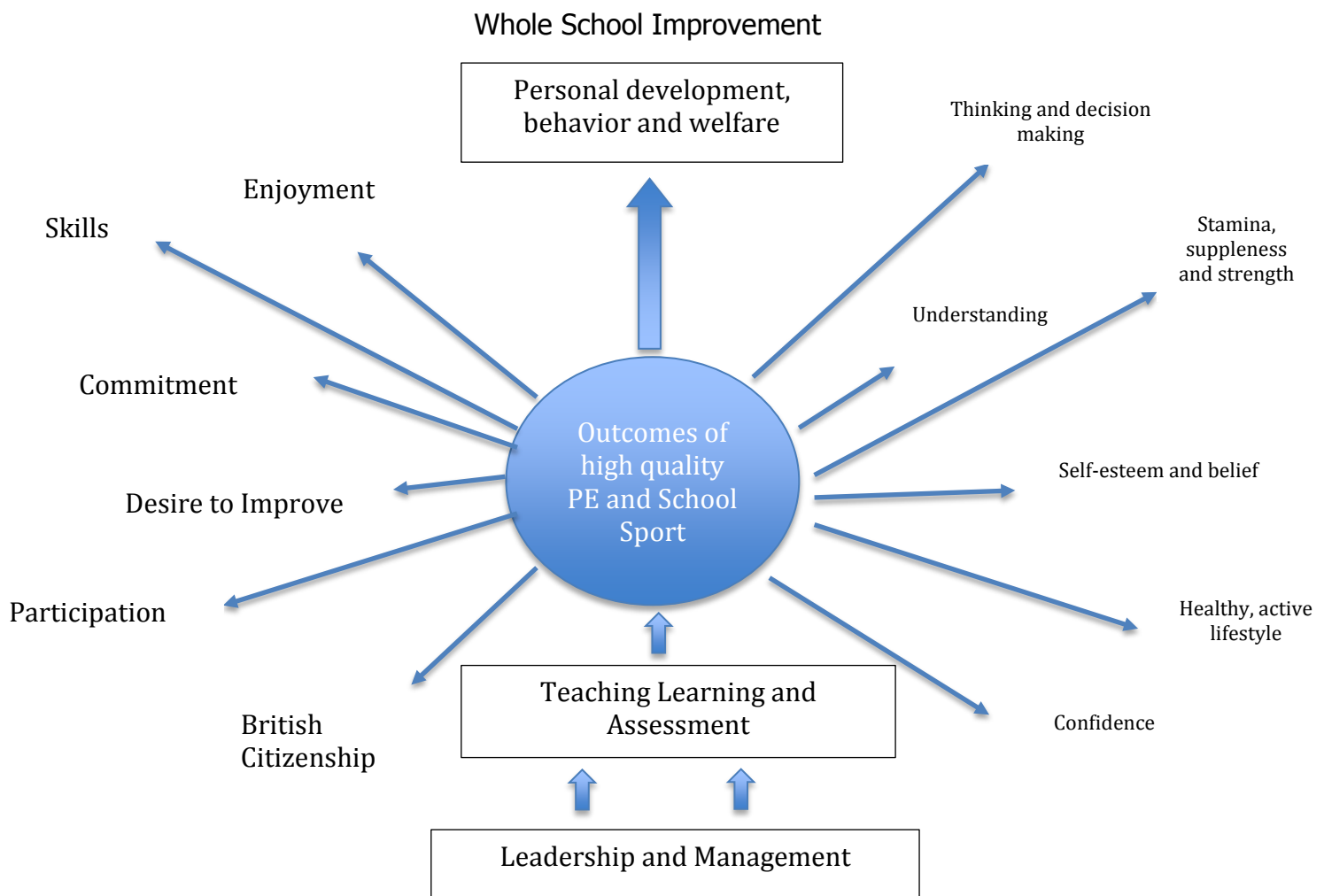
Spare clothing is available from school, however if children persistently forget their PE kit they will be reminded of the importance of PE and communication with home may be made.

Planning, Progression and Assessment

Each year children will follow a PE curriculum map for the Autumn, Spring and Summer term. Each year group has learning outcomes and non-negotiables for each activity they complete.

Assessment in PE is formative and continuous throughout the year. An initial assessment is completed at the beginning of each new activity and then at the end to track progress. Class teachers are informed of this progress and data and comments are produced on teacher reports.

Contribution of PE to Teaching in Other Curriculum Areas



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Physical Education lessons contribute to the teaching of many other curriculum areas. To promote English children are encouraged give feedback on their own and others performances. Children have the opportunity to take on the role of performers, officials, coaches and leaders.

As a school we are extremely lucky to have access to a range of high quality ICT equipment. This allows us to use ICT in lessons to record and photograph performances and actions. Children can then analyse their own and others performances.

Social and health education and citizenship is promoted throughout lessons. Children learn about the benefits of healthy active lifestyles and are encouraged to attend a range of extra-curricular clubs to enforce this. Social development is developed throughout, children have many opportunities to work in groups and teams together. Children learn to respect and learn with each other and this helps them develop a better understanding of themselves and others.

Equal Opportunities

PE is taught to all children, whatever their ability, race or gender. As a school we provide a broad and balanced curriculum to all children. Normanby Primary School enters a variety of SEND competitions throughout the year and we aim to provide all children on the SEND register an opportunity to attend at least one of these competitions. On a weekly basis PE intervention sessions take place to target children who are not meeting their targets or who need support in improving confidence and self-esteem. These children are also identified when analysing assessment data.

Extra-Curricular Activities

As a school we aim to have high participation levels at our morning, lunch and after school clubs. We aim to have at least 50% of children from Y1-6 to attend a club by the end of the academic year. Clubs change on a half termly basis and are often used to prepare children for up and coming competitions and festivals. At the beginning of the academic year a letter is sent out to each child to promote clubs. Places are given on a first come first served basis, although we do try and allow as many children as possible to attend clubs (depending on staff ratio numbers).

PE and Sports Premium Funding

Schools receive PE and Sports Premium funding each academic year. Last year our school received £23,742. The premium is used to fund additional and sustainable improvements to the provision of PE and sport and to encourage the development of healthy, active lifestyles. Last year we used our funding to continue our membership with School Sports Partnership, this ensured we could give every child from Y1-6 the opportunity to represent the school in a sporting event outside of school. We also used the premium to fund transport to these events, this ensured all our children had equal opportunities and that our participation levels were extremely high. Further details of our PE and Sports Premium funding can be found on our school website.

Redcar and Eston School Sports Partnership Membership

Redcar and Eston School Sports partnership work with partnership schools to give pupils the best opportunities in physical education, school sport and physical activity. The partnership aims to engage all children in some form of sport or physical activity.

Our school has been a member of the partnership for a number of years and has built a strong relationship. We aim to enter all competitions and events on offer to ensure our children have a range of opportunities to take part in sport and physical activity.

Foundation Stage

We are extremely lucky to have a member of staff employed as a sports coach to teach physical development to our foundation stage children. Children have weekly lessons and comments have been made by teachers on how well children are progressing with this specialist support. Staff communicate with each other to monitor progress in this area and targets set appropriately.

Competitions

We aim to give every child from Y1-Y6 the opportunity to take part in at least one sports event out of school each year. Therefore we attend competitions/development days on a weekly basis.

Children are given letters detailing the event and consent forms that must be filled in appropriately. Letters must be returned to school before the given deadlines to ensure appropriate paper work and planning can be completed. If children have a reason they cannot attend parents/carers must inform school as soon as possible to ensure another child can be given the opportunity. If letters are not received before the given deadlines it may not be possible for that child to attend.

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Competition Kit

When children are representing the school we like all children to be wearing the same kit. This means our team can easily be identified and all our children look smart. Our school competition kit is white t-shirt and navy blue shorts. Below is a list of what can be worn for both indoor and outdoor competitions. For indoor competitions children can also bring a tracksuit, however when taking part in activities will wear shorts and t-shirt. For some events school kits will be provided and children will be notified.

Indoor kit

White t-shirt
Navy blue shorts
Plimsolls/trainers
Socks

Outdoor kit

White t-shirt
Navy blue jumper
Coat (hat and gloves
in colder weather)
Navy blue tracksuit bottoms
Training shoes
Water proofs
Socks