

PE Curriculum Map 2023/24

Year	Autumn Term		Spring Term		Summer Term	
FS	Locomotion: Walking, Jumping, Running, Hopping.		Stabilisation Balancing, Turning, Bending, Landing, Extending, Stretching.		Manipulation Collecting, Kicking, Carrying, Pushing, Throwing.	
Focus and significant person	World Sport headlines Marcus Rashford		Dame Sarah Storey African Cup of Nations, 6 Nations, Masters.		Alistair and Jonny Brownlee/ Sky Brown Olympic Games, Euro 24	
Year 1	Gymnastics FMS- Locomotion FMS-Manipulation, hands Fitness	Dance FMS- Manipulation, hands and feet. Table top games/fun fitness	Dance Team building Ball skills Swimming	Disney multi skills Tennis Orienteering Stacking cups	Athletics-jumping Rackets, bats and balls Football (GFU)	Athletics Striking and fielding games Dodgeball
Year 2	Gymnastics FMS- Locomotion FMS-Manipulation, hands Health and Fitness	Dance FMS- Manipulation, hands and feet. Table top games/fun fitness	Dance Team building Ball skills Swimming	Disney Multi skills Tennis Orienteering Stacking cups	Athletics-jumping Rackets, bats and balls Football (GFU)	Athletics Striking and fielding games Dodgeball
Year 3	Gymnastics Mindfulness Invasion (tag rugby focus)	Gymnastics Orienteering Mindfulness Fun fitness	Dance Circus skills Invasion (Netball basics) Stacking cups	Dodgeball Problem solving Tri Golf Swimming	Net/wall introduction-Tennis Striking and fielding - introduction Quad Kids Athletics	Striking and fielding-game play Athletics Communication and tactics
Year 4	Gymnastics Invasion (tag rugby focus)	Gymnastics Orienteering Fun fitness	Dance Circus skills Invasion (Basketball focus) Stacking cups	Dodgeball Volleyball Trig golf	Tennis Cricket Quad Kids athletics	Athletics Rounders Communication and tactics
Year 5	Gymnastics Invasion (tag rugby focus) Fitness	Gymnastics Sports Hall Athletics Invasion	Dance Circus Skills Invasion (Endzone-Netball focus) Stacking Cups	Net/wall- Volleyball Tri golf Dodgeball	Tennis Cricket Health related exercise	Athletics Rounders Leadership
Year 6	Gymnastics Invasion (tag rugby focus) Fitness	Gymnastics Sports Hall Athletics Invasion	Dance Circus skills Invasion (Endzone-Netball focus) Stacking cups	Net/wall- Volleyball Tri Golf Dodgeball	Tennis Cricket Health related exercise	Athletics Rounders Leadership

PE Curriculum Map 2023/24

Intra-house competition to take place each half term. Y1,2 & 3to each take part in a two-week swimming block.